

# The True Cost of Musculoskeletal Sickness Absence

We are a National Provider of Occupational Physiotherapy. We have pioneered an award winning approach we term Blended Physiotherapy™. We work with medium to large organisations reducing sick days and improving performance. We provide a return on investment of at least 10:1.

No. of Employees	Cost of MSD sick days*	Physio Med Service Cost	Physio Med Saving
1,000	£142,380	£4,500	£45,175
5,000	£711,904	£22,500	£225,875
10,000	£1.4 million	£45,000	£451,750
25,000	£3.5 million	£112,500	£1.1 million

\* Figure does not include; loss of productivity, paying for temporary staff, missed deadlines

## Zero Risk and a 10:1 ROI

This means that for every **£1** our clients spend on our service, **we save them £10** via increased productivity and reduced absenteeism (measured against current NHS waiting list).

### Key Points



31 million days were lost due to musculoskeletal injuries in the UK in 2013 (ONS, 2014)

The main cause of these lost days were due to injuries to the following:



Back



Neck



Shoulder  
(ONS, 2014)

The cost of absenteeism (absent from work) and presenteeism (attending work whilst injured) to your organisation is very substantial and our services tackle this head on by:



Preventing people going off work



Getting people back to work



Keeping people fit and well

### Additional Organisational Benefits

Reduced Absenteeism

Increased Productivity

Visible Duty of Care

Employer of Choice

Zero Risk

ROI 10:1

### We have a UK network of over:

780 Practices



2,500 Chartered Physiotherapists

### Organisational Facts

- London and the South of England have the lowest rates of sickness whereas Wales and the North East of England has the highest
- Musculoskeletal conditions generally rise with age. The age group 50-64 are most affected by sickness absence not to mention the UK 50+ population is expected to increase by 32% between 2008 and 2030
- Sickness absence is lowest for Managers, Directors and Senior Officials
- Companies employing an older workforce who employ over 500 people are at the greatest risk of having higher sickness rates

### Some of our Happy Clients



John Lewis

Waitrose



e-on

ALSTOM